



Thrive network session 2 resources

- Patrick Lencioni on the Conflict Continuum
<https://www.youtube.com/watch?v=9VZERZyY198>
 - Simon Sinek on Trust and Performance
<https://www.youtube.com/watch?v=YPDmNaEG8v4>
 - Stress https://www.youtube.com/watch?v=CZTc8_FwHGM
 - For more information on Mindfulness
<https://positivepsychology.com/mindfulness-at-work/> and
<https://www.empoweringleadership.co.uk/>
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